

The image features a close-up, high-resolution view of the Union Jack flag, the national flag of the United Kingdom. The flag is shown in a dynamic, waving state, with the red, white, and blue stripes and the white saltire clearly visible against a dark blue background. The lighting creates a sense of depth and movement, with highlights and shadows across the fabric. In the center of the flag, the words "GREAT BRITAIN" are written in a bold, white, sans-serif font. The text is centered both horizontally and vertically, with a slight shadow or drop effect that makes it stand out against the red and white background of the flag's cross.

GREAT BRITAIN

TRADITIONAL ENGLISH FOOD

The English are the nation that drinks tea 7-8 times a day. First mug of black tea with milk comes with or before breakfast.

Their lunch consists of sandwiches and their dinner is the main meal of the day. Obviously, breakfast and lunch can be combined into one, called *brunch*.

Every single nation likes candy and titbits (*maškrty?*). Typical english titbits are crisps with vinegar or cookies?

Fish & Chips

- Fish and chips is a hot dish consisting of fried fish in batter served with chips.
- British fish and chips were originally served in a wrapping of old newspapers but this practice has now largely ceased, with plain paper, cardboard, or plastic being used instead.
- Fish and chips became a stock meal in the past among the working classes in England.
- It is a common take-away food in the UK and numerous other countries.



English breakfast

- Ingredients

2 sausages, 2-3 rashers of bacon, 2 flat mushrooms, 1-2 ripe tomatoes, 1 thick slice of black pudding, 1 large egg, 1 slice of bread



- Instructions:

Firstly cook the sausages and the bacon.

Season mushrooms with salt and pepper and drizzle them over a little olive oil and cook them.

Cut the tomatoes across the centre. Season them and drizzle with a little olive oil. Place cut-side down and after turning over season them again.

Cut the black pudding into slices and remove the skin. Cook until it is slightly crispy.

Cook the bread on a little oil each side until crispy and golden.

Break the egg straight into the pan with the fried bread and add a good knob of butter.

Once all the ingredients are cooked enjoy straight away with tomato ketchup or brown sauce.

Turkey

- Turkeys were first brought into Britain in 1526, before this time, people used to eat geese or peacocks. Since the 1950's is turkey more popular Christmas meal than the goose.
- Turkey is roasted and served with stuffing. And then a bunch of vegetables, most commonly carrots, parsnips, turnip, and of course, the dreaded sprouts.
- The average weight of a Christmas turkey in UK is 5,5kg.
- Approximately 10 million are eaten in UK every Christmas.
- Leftover Christmas turkey is served in sandwiches, soups or salads.



Christmas pudding

- Traditionally served as a part of the Christmas dinner in the UK
- Made weeks before Christmas (six weeks ahead or more)
- Composed of thirteen ingredients, symbolizing Jesus and the Twelve Apostles
- Consisting of dried fruits held together by egg and suet, sometimes moistened by treacle or molasses and flavoured with cinnamon, nutmeg, cloves, ginger, and other spices.
- Stir up Sunday - last Sunday before Advent reminding those who have not yet made their Christmas pudding to "stir one up".



Apple pie

- **Ingredients:**
6 cups of thinly sliced, peeled apples, flour, lemon juice, cinnamon, nutmeg, salt, pie crusts
- **Instructions:**
Unroll one pie crust and press it into a glass pie plate.
Combine the apples with the sugar, flour, lemon juice and seasoning, then transfer the filling to the plate.
Unroll the second pie crust and lay it on top of the apples. The overhang pinch and seal with the bottom crust.
Bake in 220°C for about 40 min.



The image features a close-up, high-resolution view of the Union Jack flag, the national flag of the United Kingdom. The flag is shown in a dynamic, waving state, with its characteristic red, white, and blue colors and the white saltire (St. Andrew's Cross) clearly visible. The fabric of the flag has a subtle sheen and texture, giving it a three-dimensional appearance. In the center of the flag, the words "TRY IT AND ENJOY" are written in a bold, white, sans-serif font. The text is centered both horizontally and vertically, creating a strong focal point against the complex pattern of the flag. The overall composition is balanced and visually appealing, likely intended for a promotional or advertising purpose.

TRY IT AND ENJOY